

COLGA

Welcome to Colgate

Greetings, and welcome to the Colgate community! Your student's The Road to Colgate brochure and their online New Student Checklist explain all the

tomakre e mooth
tocolegt.e-10()
(student')20(s-10)
andacademics.sifs-10()
an
nte-10(Initiativr)10(se)

Family Transitions

OUR PHILOSOPHY

You are an integral part of your student's success — important sources of support and care. We believe in communicating and interfacing with parents and guardians in ways that are developmentally appropriate. College requires more independence so that students can grow their self-confidence and problem-solving abilities. This may be a transition from the support that you have provided your student thus far.

At Colgate, we foster an environment where students have the freedom and autonomy to solve their own problems and experience struggle, difficulty, and even failure. Those experiences will help them to develop the skills and resilience they need to be independent, successful adults. With these as guiding principles, we believe that students should:

- Be encouraged to make their own decisions about their Colgate experience, from selecting classes, choosing a major and extracurricular activities, and setting up their room, to how they manage their schedule, finances, and personal life and well-being.
- Learn how to advocate for themselves and create positive relationships with campus representatives. For this reason, students should contact campus departments themselves when they need assistance or encounter an issue.
- Participate in a campus culture where mistakes can be seen as opportunities for learning and growth.
- Have the privacy that is their right under FERPA (Family Educational Rights and Privacy Act) respected.

We ask that you partner with us in following these principles throughout your student's time here. We do our utmost to ensure that students have access to campus resources that support their physical, emotional, environmental, financial, intellectual, occupational, social, and spiritual well-being.



We are delighted to have your student — and you — join us in this journey.

Paul J. McLoughlin II, PhD

Vice President and Dean of the College

C Watch the Colgate Family Talk video “Preparing for More Independence,” which discusses ways that family members can help their student prepare for the independent environment they will experience at college, at colgate.edu/family-webinars.

PARENT & FAMILY ORIENTATION

Coming to college represents a transition for students as well as their families. What should families expect for their student, for themselves, and from the University during this period of adjustment? While students work on unpacking and getting to know their roommates, our one-hour program for family members offers constructive ways for them to support their students through their first weeks at college, addresses common questions, and identifies valuable Colgate resources.

The session is offered on Arrival Day (August 20, 2023) as well as on two pre-orientation arrival days (August 15 and 16).

Family members who are unable to attend one of these sessions may request a recording of the program.

NEW STUDENT ORIENTATION

New Student Orientation is an intensive program where your student will connect with their peers, gather information and insight they need to be a successful student, and acclimate to the more independent environment. Saying goodbye on Arrival Day and then allowing your student to fully engage will help them be set up to take full advantage of these opportunities.

YOUR STUDENT'S EMAIL AND NEW STUDENT CHECKLIST

All emails from Colgate are sent to your student's @colgate.edu account. Students are responsible for receiving, reading, and responding to all messages in a timely manner.

Students will be receiving emails during the summer about specific New Student Checklist items (colgate.edu/new-student-checklist). The checklist is theirs to complete on their own. A few of the checklist items will take some time to complete, such as the summer reading assignment and required online training modules. Encourage your student to reach out to University personnel with any questions that they may have. This is good practice for them for navigating their college career.

The checklist does include a number of required items that you may want or need to discuss with your student in advance of the due dates.

Over this summer, taking the steps in the chart on the next page will help your student make a smooth transition to life at Colgate. Related deadlines and details are outlined in their New Student Checklist.

SUMMER TO-DOS FOR PARENTS AND OTHER FAMILY MEMBERS

Download and review the Parent & Family Resource Guide (you can print it, too!) at colgate.edu/parent-resource-guide.

Watch the Colgate Family Talk videos "Preparing for More Independence" and "Transitions at College" at colgate.edu/family-webinars.

Discuss family expectations and come to an agreement on access to student academic records through InfoShare. Ultimately, the decision is up to the student, according to federal law. See colgate.edu/infoshare and colgate.edu/parent-resources#FERPA.

If your student will be requesting disability accommodations for academics or housing, assist them in completing required paperwork for evaluation by the deadline. See p. 10, colgate.edu/disability-services, and colgate.edu/housing-accommodations.

Encourage your student to complete the housing preference form independently and accurately so that they and their roommates can be closely matched for expectations about living. (They will receive an information email in early June.)

Sign up to receive Parent & Family Communications like the newsletter and key updates. See p. 15 and colgate.edu/parent-contact.

Discuss pre-orientation opportunities. See the Road to Colgate brochure and colgate.edu/pre-orientation for more.

Encourage your student to complete the Colgate Academic Preferences and Experiences form independently; it guides development of their fall-semester course schedule. Faculty summer advisers can answer their questions. See p. 9.

Have your student schedule their own medical appointments and fill out (with your guidance) their medical paperwork — good practice to foster their independence. See pg. 12 and colgate.edu/health-forms for more.

Make student health insurance decision (due August 1). See colgate.edu/required-health-insurance.

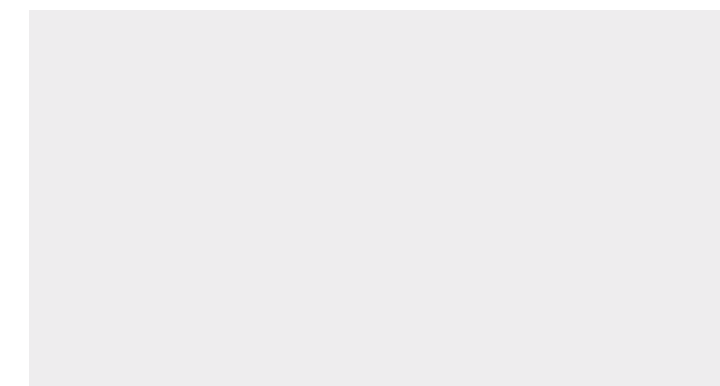
Talk to your student about the benefits of granting an Authorized User for their Student Account in TouchNet. Fall semester bill and financial responsibility forms are due August 1. See p. 11 and colgate.edu/student-accounts.

Review the provided alcohol and other drugs and sexual assault prevention materials and have a frank and open discussion with your student. See p. 10.

Preparing for Colgate

ACADEMIC LIFE AND SUCCESS

FIRST-SEMESTER COURSE SELECTION



HEALTH AND WELLNESS

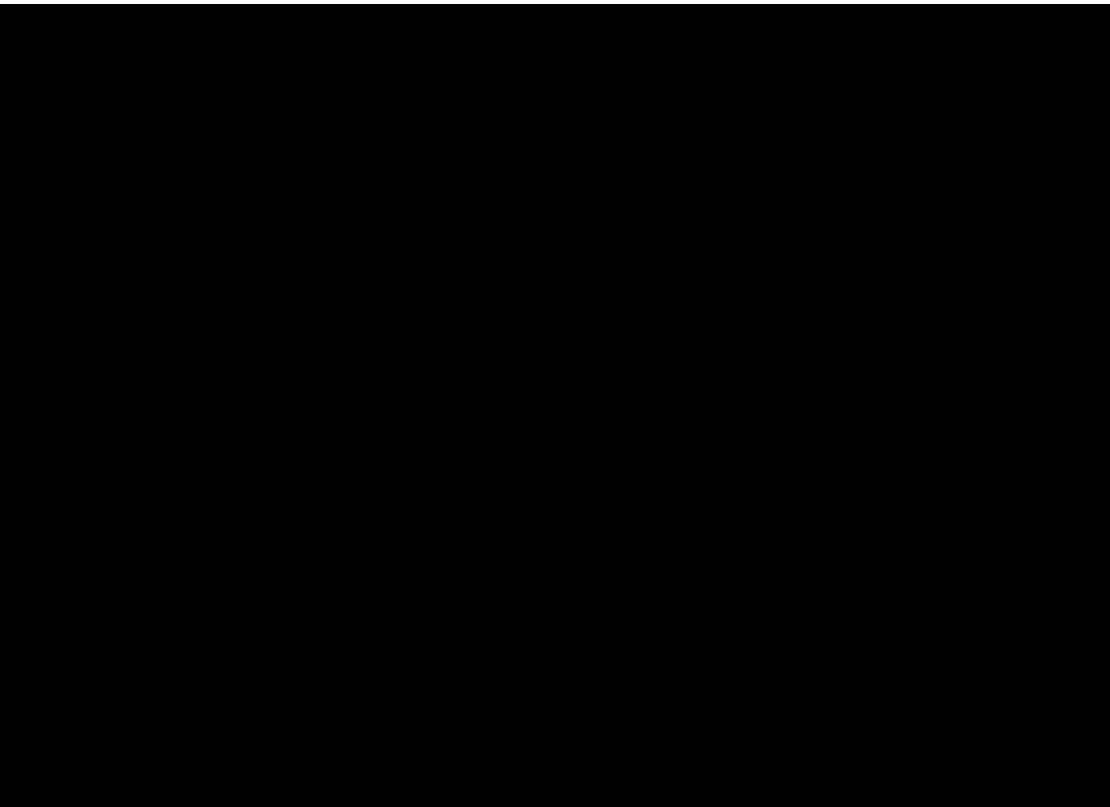
GENERAL HEALTH CARE

Colgate University Health Services, 1000 Broadway, New York, NY 10027-3000

COLGATE STUDENT HEALTH INSURANCE

Colgate University Health Services, 1000 Broadway, New York, NY 10027-3000

- [Physician Colgate Health Services](#)



n.

EMC Eansurance(Nois120 (.,)0 (,)20 (Fr)10 (e20 ()3)20 (compar)10 (n b)1g(all)10 (fulmai())TJ talchstued2 Tw -1.8 -2.85 Td [

SIGN UP FOR EMAILS

Most communications from Colgate (campus notifications, bills, health insurance paperwork, grades, etc.) will go directly to your student. At the same time, there are moments when it is important — and necessary — to also communicate with students' parents or guardians. Be sure to sign up for our emails!

[C colgate.edu/parent-contact](https://colgate.edu/parent-contact)

READ THE PARENT & FAMILY NEWSLETTER

Sent quarterly via email, we cover timely topics and milestones tied to the academic year cycle.

- Articles to help you support your student's learning and development
- Information on events such as Family Weekend
- Upcoming deadlines

Your first newsletter will come in late July.

DOWNLOAD THE PARENT & FAMILY RESOURCE GUIDE

This in-depth guide explains what to expect and how things work in all areas at Colgate. Keep it handy for when you have a question.

[C colgate.edu/parent-resource-guide](https://colgate.edu/parent-resource-guide)

WATCH OUR COLGATE FAMILY TALK VIDEOS

Campus subject experts and experienced parents provide insight on topics to help viE ()20 n-1.95 T (o)10.1 89

Parent & Family Initiatives

Office of University Communications and Events

315-228-7415

parents@colgate.edu

Published May 2023

COLGATE UNIVERSITY